

THE SPA

PRICELIST

Essential Body Massages

ESPA Holistic Total Body Care	£69
ESPA Deep Cleansing Back Treatment	£43
ESPA Aromatherapy Massage	£52
ESPA Back, Neck and Shoulder Massage	£32
Clarins Personal Blend Aromatic Treatment	£49

Intensive Body Massages

ESPA Back Massage with Hot Stone Therapy	£40
ESPA Hot Stone Massage	£59
ESPA Total Body Care with Hot Stone Therapy	£93

Specialised Body Treatments

ESPA Stimulating Hip and Thigh Treatment	£52
Clarins Pro Active Body Treatment	£64

Facial Treatments

ESPA Aromatherapy Facial	£46
ESPA Holistic Back, Face and Scalp Treatment	£64
ESPA Soothing Eye Treatment	£32
ESPA Mini Facial	£32
Clarins Personal Blend Aromatic Facial	£46
Clarins Mini Facial	£32

Advanced Facial Treatments

ESPA Holistic Back, Face and Scalp Treatment	£89
ESPA Rehydrator/Regenerating/ Skin Brightening Treatments	£46
Clarins Pro Active Facial	£56

Scrumptious Scrubs

ESPA Full Body Salt and Oil Scrub	£28
Clarins Fruit Salt Scrub	£37

Ultimate Body Wraps

ESPA Detox Algae Wrap	£61
ESPA Skin Hydrator Wrap	£61
ESPA Restorative Mud Envelopment	£61
ESPA Oshadi Envelopment	£61
Clarins Detox Wrap	£52

Holistic Therapies

Indian Head Massage	£32
Reflexology	£52
Hopi Ear Candling	£40

Mums To Be Treatments

ESPA Pre-Natal Treatment	£69
Clarins Mother To Be	£55

Finishing Touches

Jessica Deluxe Manicure	£35
Jessica Deluxe Pedicure	£35
Jessica Luxury Hand Treatment	£26
Jessica Luxury Foot Treatment	£26
Mini Manicure or Pedicure	£22

Waxing

Full Leg/Bikini/Underarm	£30
Full Leg	£25
Half Leg	£15
Back	£15
Forearm	£15
Bikini or Underarm	£10
Chin	£5
Lip	£10
Eyebrow	£10

Shaping and Tinting

Eyebrow Shaping	£10
Eyelash Tint**	£12
Eyebrow Tint**	£10
Eyelash and Eyebrow Tint**	£20

Tanning

Ergo Line Sunbed Turbo Power Ultra Tan	£1 per minute
St Tropez	£60

Professional Make-up Application

Make-up Application	£30
Special Event Trial and Application	£45

Spa Days at Five Lakes

Five Lakes Refresher (Mon-Thurs/Fri-Sun)	£172/£197
Five Lakes Re-energiser (Mon-Thurs/Fri-Sun)	£153/£182
Five Lakes Rejuvenator (Mon-Thurs/Fri-Sun)	£143/£172
Five Lakes Stress Buster (Mon-Thurs/Fri-Sun)	£134/£148
Five Lakes Cherish (Mon-Thurs/Fri-Sun)	£123/£138

**24 hour patch test required

THE SPA AT
five lakes

Part of the

ABHOTELS
COLLECTION

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